



Will I Live to see 80?

HERE'S SOMETHING TO THINK ABOUT.

I recently picked a new primary care doctor. After two visits and exhaustive Lab tests, he said, *'I was doing 'fairly well' for my age.'* (I just turned 60.)

A little concerned about that comment, I couldn't resist asking him, *'Do you think I'll live to be 80?'*

The doctor responded by asking, *'Do you smoke tobacco, drink beer or wine?'*
'Oh no,' I replied. *'I'm not doing drugs, either!'*

Then he asked, *'Do you eat rib-eye steaks and barbecued ribs?'*
I said, *'Not much since my former doctor said that all red meat is very unhealthy!'*

'Do you spend a lot of time in the sun, like playing golf, sailing, hiking or bicycling?'
'No, I don't,' I said.

He asked, *'Do you gamble, go on vacations or have a healthy romantic life?'*
'No,' I said.

He looked at me rather incredulously and said,... *'Then, why do you even give a darn?'*